

THE FRANCISCAN HERMITAGE *messenger*

SPRING / SUMMER 2011

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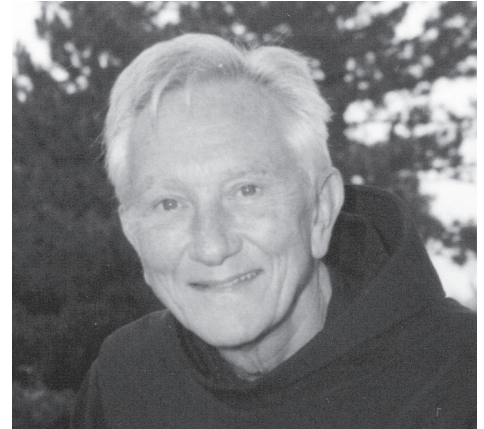
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Dear Friends of The Hermitage:

I feel that we are living in a most exciting time. I see wonderful and positive movements pointing to a new world age of unity, peace, and joy! You may recall that Jesus prayed at the Last Supper, "May they all be one." Now, in our time, it seems that we are going to experience this reality.

The date of December 21, 2012 is the end of a 5,000-year cycle and the beginning of a new year and era – I believe, as Nostradamus predicted, that this is the beginning of the 1,000 years of peace. Greg Braden, in his book, *The Divine Matrix*, explains this process. As we approach the end of the current cycle, we will be going through significant changes, but these changes will have occurred by December 21, 2012. In fact, these changes are happening right now.



In the past, humanity dealt with massive change by blaming and attacking one another. It seems to me that today, we humans have developed to the point where we know how to help one another through these challenging times. Look at what has happened in New Zealand when the earthquake hit. The whole world came to assist the people there. Immediately after that, the quake in Japan, the tsunami, and the damaged nuclear plant created enormous challenges for everyone. Again, people and governments all over the world rushed professional relief workers and supplies to these areas.

These shifts in the body of Mother Earth are not the only challenges we face. Our global economic structures are in danger also, but here too, experts everywhere are working to find solutions. Divisions in organized religion that used to be so visible are dissolving into a mentality of "Unity in Diversity," as seen in the Documents of the Second Vatican Council (50 years ago), the World Council of Churches, and the universal interest among all peoples in a global spirituality.

We at The Hermitage believe in the positive movement of God's Hand in all of these changes and feel honored to be helping in the movement towards "Unity in Diversity." Our purpose is to help individuals on their journeys of personal growth and development. Once grounded spiritually, psychologically, mentally, and physically, these individuals can model maturity for others and help in their journeys. As we assist one another, love relationships appear, and all of us come to realize that we can live in peace with one another.

Our approaches are practical: wear something white every Wednesday to remind yourself to be a peaceful person, meditate daily so you can experience God's peace in your person, give honest compliments generously every day, smile and greet as many people as you can, be part of a group that can support your idealism, think and talk about all the good things going on in your life and in our world, be the change you want to see in others and in our world, and above all—have fun and be happy!!

God bless all of you with love, joy, peace, health, happiness, and every other good thing!

Love and appreciation for your presence in our lives and in our work,

Statement of Purpose

The Franciscan Hermitage is an international, inter-faith, life center dedicated to the spiritual, physical, intellectual and professional growth and formation of persons of all persuasions and circumstances.

We offer a variety of workshops, lectures, classes and support groups, each designed to empower individuals on their journeys of faith and wholeness.

Persons involved with The Franciscan Hermitage are encouraged toward personal growth and development, so that by word and example, they might encourage others on their own journeys of personal growth and development.

50th ANNIVERSARY OF PRIESTHOOD (and a Retreat-at-Sea)

On June 13, 2011, Fr. Justin will celebrate the 50th Jubilee Celebration of his ordination as a priest. To celebrate, we have been thinking about gathering the wonderful people from the USA and abroad who have helped create The Hermitage and make it what it is today. That dream could come true with a Retreat-at-Sea Nov. 13-20, 2011. We want to make this cruise a special celebration by inviting family and friends from Europe, Australia, the USA, and other parts of the globe. Fr. Justin is preparing several workshops for this retreat; he will celebrate Daily Mass for those who wish to attend, and most importantly, we will have a full week of leisure, with ample time to visit and share.



50th Jubilee Celebration with Fr. Justin aboard the Westerdam, Nov. 13-20, 2011

Itinerary: from Fr. Lauderdale, FL
Southern Bahamas (Half-Moon Cay, Aruba, Curacao)
Cruise only: **Inside Cabins** from \$899 per person (double occupancy)
Balcony Cabins from \$1,198 per person (double occupancy)
Package includes: 7 nights, all meals, cruise taxes, port fees, and seminars with Fr. Justin
Space is limited and prices can change. Deposit: \$400 per person. Passports required.
For further details and a color brochure, see our website www.FrJustin-Hermitage.org or contact:

Kollander World Travel
761 East 200th St., Euclid, OH 44119
(216) 692-1000 Ext.: 3/(800) 800-5981 www.kollander.com
Judy- jkoblentz@kollander.com

DEPOSIT DEADLINE FOR THE CRUISE JUNE 15, 2011

AUSTRALIA

Wendy Gellard is our contact in Perth, WA. All Hermitage publications are available through her retreat center, Peace Be Still, at +61-8-9571-8108 (both phone and Fax), email pbestill@iinet.net.au, or at www.peacebestill.com.au. Wendy can also give you details about **meditation support groups** and all the programs that Fr. Justin will be doing in 2012 (see Fr. Justin's calendar for details).

EUROPE

Marietta Kovacs, a certified SFL Lecturer, presents programs in Geneva, Paris, Brussels, Mauritius, and La Reunion. For information regarding classes and Hermitage publications in French (and some in English), please call +41-22-349-8077, +41-79-342-9977, or email kovacs@planet.ch. Marietta also has details of all programs that Fr. Justin will be giving in 2012 (see Fr. Justin's Calendar for details).

HOUSTON

Pat Kerlin is a certified SFL Lecturer residing in Katy, TX. For information about future *Success: Full Living* classes, please call 281-703-8666.

INDIANAPOLIS

1. VOLUNTEERS

We have a crew of volunteers who work tirelessly for The Hermitage in every category you can imagine. Thank you all for your time, effort, concern, and support. We could not stay in operation without you. God bless you in a special way during this beautiful Spring season.

2. SUCCESS: FULL LIVING

Our goal at The Hermitage is to help people everywhere work towards **personal and global peace**. Our *Success: Full Living* (SFL) program has been the primary means of achieving that end. SFL is our signature workshop, and we want to keep the spotlight on it, especially here in the Indianapolis area. For that reason, we are conducting classes at The Hermitage on **May 21-22, 2011, and October 15-16, 2011**. Our classroom can accommodate only 40 people, so if you are interested in being part of this life-changing experience, please book early.

Schedule is as follows:

Monday, May 16, 2011 - 1st Hour of the Class (free and open to the public)
Sat. & Sun. May 21-22, 9 am – 5 pm at the Hermitage.

Cost: Prepaid \$175.00
(\$50.00 non-refundable deposit by Monday, May, 16)
At the door \$200.00.

Monday, October 10, 2011 - 1st Hour of the Class (free and open to the public)
Sat. & Sun. Oct. 15-16, 9 am – 5 pm at the Hermitage

Cost: Prepaid \$175.00
(\$50.00 non-refundable deposit by Mon. Oct. 10)
At the door \$200.00

GRADUATES MUST REGISTER. Please bring your membership card. A donation of \$30 is appreciated to help cover class costs.

Hotel Accommodations. If you are from out-of-town or an outlying area and would like hotel accommodations, we suggest the Hampton Inn Indianapolis. The address is: 6817 East 82nd St. (just north of I-465 on the northeast corner of the city off of I-69 (Exit 1 Castleton). Phone numbers are: 317-576-0220 or 1-800-HAMPTON (426-7866).

The Hampton Inn offers a 10% discount for AARP Members, AAA Members, and Senior Citizens (age 50+).

Success: Full Living, as a **Parish Renewal**, is very effective in a church setting. If your pastor or director of Religious Education is looking for a full week of renewal, please have him or her contact us for details.

3. MEDITATION CLASS

THE SILVA MEDITATION CLASS will be offered in January 2012. The schedule is as follows:

Monday, Jan. 2, 2012-7:30 pm – 1st hour of the class (free and open to the public)

Sat. & Sun., Jan. 7 & 8, 9 am – 6 pm at The Hermitage (3650 E. 46th St. in Indy)

Cost: \$425 (at the door) \$375 (pre-registered before Mon., Jan. 2)

To register, call LuLu at **317-250-6888**. A \$100 deposit (non-refundable) must be received on or before Monday

Jan. 2, 2012, in order to qualify for the \$50 discount.

GRADUATES MUST REGISTER. Please bring your membership card. (A graduate donation of \$30 is appreciated to help cover class costs.)

Hotel Accommodations (see above)

4. ENERGY CIRCLE (Meditation Support Group) Wednesday Evenings 7-9 pm. All are invited to this weekly event.

This is a great way to share your success stories and meditate with a like-minded group. Facilitators are Kathy Peters, LuLu Kinnett, Kevin Langford, Dan Nyman, and Fr. Justin, when he is in town.

ENERGY CIRCLES (Meditation Support Groups)

It's much easier to keep meditation in your daily life if you have the support of others who are meditating every day. These support groups exist wherever Fr. Justin's courses have been taught. In Indianapolis, contact LuLu at 317-545-0742 or 317-250-6888. In Katy, TX, contact Pat at 281-703-8666. In Australia, contact Wendy at 08-9571-8108. In Omaha, contact Jody at 402-334-8154 or 402-203-3514. In Europe, contact Marietta at +41-22-349-8077 or +41-79-342-9977. Also, see our website www.FrJustin-Hermitage.org.

5. THE LAW OF ATTRACTION 1st Monday of the Month, 7-9 pm (doors open at 6:30) This is an on going program for persons interested in learning how to use the Law of Attraction to create the life they have always desired. The meetings are based on the publications of the New York Times bestselling authors Ester (Abraham) and Jerry Hicks as well as the DVD and the book *The Secret*.

To receive ongoing notification of group meetings, go to www.meetup.com and search for Indianapolis Law of Attraction discussion group, and join our group (there is no charge). You can RSVP for each meeting. Facilitated by: Carla DeWitt (email: solutions@indy.rr.com)

6. HEALING TOUCH - AVAILABLE AT THE HERMITAGE

Healing Touch is a relaxing, nurturing, energy therapy. Facilitated by: Richard Cornell Certified Instructor in Chi Lei Qi Gong, Tai Chi For Health, and a level 4 of Healing Touch. Available one or two Saturdays a month. For more information call Lulu at 317-545-0742 or by email at lulugk88@gmail.com

LINCOLN, NE

Pat Floodman is our sponsor and contact in Lincoln. If you need any information, please call: **402-489-3219**.

OMAHA, NE

Josephine Garretson hosts a **Metaphysical Class** and **Energy Circle on the 1st & 3rd Monday** of each month at **Unity (3424 N. 90th)** 7-8:30 pm – A **2nd Energy Circle** meets every **Sunday, 7-8 pm** at the home of Judith Weidner (6205 N. 31st Ave). A **3rd Energy Circle** meets the **1st & 3rd Thursday** of each month, **7-8 pm** at Unity in the Y.O.U. Room upstairs.

Sun., July 10, 2011, Unity of Omaha–Fr. Justin preaches at the 10:30 am Service – Workshop with Fr. Justin at 1 pm

Mon., July 11, 2011 – Free 1st hour of the Silva class at 7:30 p.m. at the Hampton Inn, (Westroads)

Thurs., July 14 – Fr Justin facilitates Silva Graduates' Energy Circle at 7 pm

Sat. & Sun. July 16-17, 9 am-6 pm Silva Live System at the Hampton Inn (Westroads)

(For details on all of the above activities, call Jody at **402-334-8154** or **402-203-3514**) or email jodygar@cox.net)

FR. JUSTIN'S CALENDAR

| | |
|----------------|--------------------------------------------------------------------------------------------|
| May 16 | Indy - 1st Hour of SFL |
| May 21-22 | Indy - SFL Workshop |
| June 4 | Mass at St. Thomas More, Mooresville, IN |
| June 12-18 | St. Louis – Provincial Chapter |
| June 24-26 | MI – 50th Jubilee with classmates |
| July 2 | Lincoln, NE – KZUM Radio Interview 10:00 am – 12:00 noon (Listen Live on your Computer) |
| July 10 | Omaha – Unity of Omaha |
| July 11 | Omaha – 1st Hour of SLS |
| July 14 | Omaha – Energy Circle |
| July 16-17 | Omaha – Silva Life System |
| Aug. 1-7 | Priests' Retreat |
| Aug. 13-22 | Friar guests from Italy |
| Sept. 16-19 | CA – Weekend retreat |
| Sept. 23-28 | Houston, TX – Silva Convention |
| Oct. 10 | 1st Hour of SFL, Indy |
| Oct. 15-16 | SFL Workshop, Indy |
| Nov. 12-19 | Retreat-at-Sea |
| Nov. 24 | Masses at St. Matthew Church |
| Dec. 31 | Masses at St. Matthew Church |
| Jan. 1 | Masses at St. Matthew Church |
| Jan. 2 | Indy – SLS, 1st hour of the class |
| Jan 7-8 | Indy – SLS |
| Feb. 25-Mar. 1 | Long Island, Our Lady of Peace Parish Renewal |
| Mar 6 | Leave for Australia |

SUCCESS STORY

Joe got in touch with Fr. Justin's *Success: Full Living* materials when he was in the high school where Fr. Justin was teaching. His parents also took the SFL class when Fr. Justin taught this material as an adult education course at the same high school. Joe is now married for 37 years and has shared the SFL program with his children and grandchildren. This year, on Ash Wednesday 2011, Joe wrote to Fr. Justin to tell him that he begins the Lenten season each year by going through the *SFL mini-retreat*, which was produced by The Hermitage years ago. This year, as Joe was reviewing the material on motivation, he had a great insight into how to motivate his dental patients and how that material could be incorporated into a book he is writing titled, *Professional Responsibility in Dentistry*. Fr. Justin is thrilled to know that SFL ideas and techniques have touched four generations in one family!

Success Stories are all around you. Take the time to notice and share them with one another.

For further success stories, please visit our website at www.FrJustin-Hermitage.org.

Unity in Diversityby
Fr., Justin

| | |
|--------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------|
| 13 point 7 billion - Think in terms of years.. Having trouble with this task? Mother Nature cheers! | Cause we're one, attacking others Is really attacking self. Spewing anger is a poison Spraying on yourself. |
| That's when everything was born. A Birthday that is ours! That's when God created universe, Time and space and stars. | Fights and war are teenage ways Of beating on oneself. Gossip, hatred, reckless speech Only hurt yourself. |
| A cosmic flash, and we were born: Spectacular show! Rocks, trees, flowers, fish Everything we know | Love to others, open hears, Makes us One Itself! Greeting others, smiling lots Makes you God's own elf! |
| God created from a single Egg Constant variation. God is one and so are we, A universal nation! | Honest compliments are tools You can use to light The minds and hearts of all you meet. Make our world more bright. |
| Human beings cannot fathom Variety that's endless. Yet it's fact, all are one. Natural blessedness! | When you know all things are one You're in a peaceful place.. Letting others be themselves All in one embrace. |
| What's the point? You now might ask. Easy as can be! We are made of God's own Love Simple, can't you see! | Pay attention to the song That's always sung within! It's a song of joy and happiness, Your cosmic violin! |

If you have an email address and are receiving a hard copy of this newsletter, please send your email address to
jeanmarie572000@yahoo.com.

Thanks very much!

The Franciscan Hermitage, Inc. is a tax exempt not-for-profit organization. Our financial support comes from class tuitions, donations, and the distribution of books, CDs, etc. Thank you for your prayers, your participation in our programs, and your individual gifts. God bless you and your loved ones!

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